



INFO PACK

RAISE Project



Responsibility and Active Integration through Sustainable Education

Erasmus + Programme

Key Action - Learning Mobility of Individuals

Action - Mobility of learners and staff

Action Type – EVS – short term – 6 weeks



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Project - RAISE – Responsibility and Active Integration through Sustainable Education

ECOLOGY-SPORT-TOURISM ASSOCIATION

Non-governmental association is promoting responsible tourism as a form of education about protecting the environment and physical activity for a better health.

- ***Natural environment protection***
- ***Biodiversity conservation in National Parks***
- ***Sport for all***
- ***Sustainable tourism***
- ***Associativity***
- ***Volunteering***
- ***Outdoor education***



Basic Information

Ecology-Sport-Tourism Association from Romania in partnership with **Hrvatska skola Outward Bound HSOB** from Croatia & **Bodrum Dance and Sports Club Association BDK** from Turkey is developing the project ***RAISE – Responsibility and Active Integration through Sustainable Education*** (a mobility youth project – KA1 – European Voluntary Service Short Term) within the new Erasmus+ programme within which is looking for EVS volunteers to be hosted in a voluntary stage in Brănești, Ilfov, Romania that is going to start on 23rd Aprilie and will take up to 3rd June 2018, for 6 weeks. Those interested to discover more about the project activities, application procedure and other details, are invited to consult the description below.

*„Tell me and I will forget,
Show me and I will remember.
Involve me and I will understand.”*

Project Description

The project aims is to promote the spirit of volunteerism in proximity to nature and protecting the environment, and the personal development of young people by assuming the entire set of values specific outdoor education, which will contribute to increasing the self-confidence.

The main goal of the project consists in forming responsible behavior based on the promotion of the entire outdoor set of values education.

To achieve this goal we propose the following objectives:

1. Increasing the participation of young people in the community life, including those with fewer opportunities, by outdoor education activities
2. Skills development on socio-educational animation outdoor area
3. Improved volunteer management system based on sharing best practices of partners

Participants in our mobility are 4 young people (EVS volunteers) aged between 18 and 30 years operating as volunteers in the two partner organizations of reference (**2 from each**



multicultural team, discover and respect the values and traditions of Romanian and is actively involved in organizing and carrying out planned activities, bringing added value by sharing good practice.

COMPETENCES DEVELOPED IN THIS STAGE

- Team spirit;
- Undiscriminating attitude;
- Respect, tolerance , integration;
- Active participation;
- Creativity ;
- Sustained effort;
- Team work;
- Expression of ideas and opinions.

organization, one boy + 1 girl) which want to participate in activities involving social and non-formal education outdoors and nature, in a multicultural group of European volunteers a short-term stage (6 weeks) in Branesti village and Bucharest neighboring communities (Ilfov County, Romania). They must show a willingness to integrate into a

SELF DEVELOPMENT BY OUTDOOR EDUCATION

The self-development of the volunteers will be realised in 3 ways. Absorbtion of practical skills, increase of physical, emotional and social endurance. Last but not least is the understanding the connection between self, the nature and the others. Through the connection made in the nature with the others participants, including vulnerable groups you will eliminate some of the barriers and you will be able to work in teams

At the end of the planned activities during the EVS mobility as a result of specific learning activities, four volunteers will develop specific skills in outdoor education, managed to organize learning activities and recreation in nature. They will show greater openness in using non-formal methods and outdoor will be able to apply methods November 4, to plan, organize, implement their activity, and to monitor and evaluate it.

During the entire project, EVS volunteers, and Romanian participants from the host communities, inclusively those 32 young people with fewer opportunities, will develop all 8 key competences Youthpass. The activities will run into three main categories:

1. Planning and preparation activities:
2. The activities undertaken during the performance of EVS mobility:
3. Evaluation activities at the end of the Mobility:

The proposed project is part of a wider strategy of our organization through the EVS program will be extended to other European partnership projects, which intends to achieve a European network to form appropriate behavior toward the protected areas in Europe. This will ensure sustainability of the project and EVS volunteers and participants will act as multipliers of information at European level.

IN BRIEF

Project's name : "RAISE"

Type of project : European Voluntary Service

Hosting Organisation : Ecology-Sport-Tourism Association

Sending Organisations : Hrvatska skola Outward Bound HSOB, Croatia& Bodrum Dance and Sports Club Association BDK, Turkey

Place of activities : Brănești, Ilfov County, Romania

Number of volunteers : 4 (2 from Croatia, 2 from Turkey)

Duration of volunteers' project : 6 weeks, as follows :

- from 23rd Aprilie to 3rd June 2018

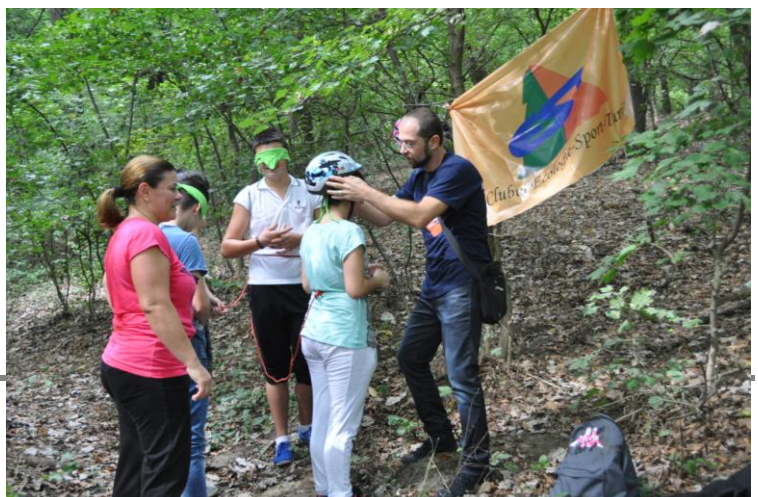


VOLUNTEERS' MISSIONS

The EVS volunteer will work 6 hours per day from Monday to Friday (10.00 am- 4.00 pm)/6 weeks and they will have cultural activities on Saturdays and Sundays will be free days. In addition 3 Mondays will be free days!!!

The main activities of the volunteer:

- Designing non-formal outdoor activities (learning objective, duration, venue, equipment, organizational tasks)
- Developing a presentation material on the importance of outdoor education in the personal development of young people and detailing the method of the respective week; the presentation will be in ppt or vmv format
- Supporting two information and discussion sessions, involving 32 young people from the target group, in which will be presented the prepared material
- Preparing the individual and planned equipment for the planned outdoor activity
- Recognition visit to field and remove any obstacles that may lead to injury to participants
- Developing the participants' safety plan (avoiding accidents and providing first aid)
- Running 2 practical sessions in Pustnicu-Cernica forest, where young beneficiaries (20-22 young people / sessions) will participate in outdoor activities, which will include the 4 stages of experiential learning (D.Kolb's Cycle)
- The process of assessing the success of the outdoor activity design in order to present a method and achieve learning objectives
- Selection of photo and video material, processing and production of related dissemination material
- Editing the newsletter
- Individual Daily / Weekly Individual Reflection
- Cultural preparation (socio-cultural integration of volunteers in the host country) 16 hours distributed in 4 weekends
4 hours
- Linguistic preparation
(Romanian language in the host country) - 24 hours (2 hours twice a week / 6 weeks)
- Dissemination of the project



- Evaluation of the internship



VOLUNTEERS' PROFILE

The project is for 4 young people (EVS volunteers) aged between 18 and 30 who work as volunteers in the two partner organizations (2 from Croatia, 1 boy + 1 girl and 2 from Turkey, 1 boy + 1 girl)) and wish to participate in social involvement and non-formal outdoor education and nature, within a multicultural group of European volunteers, at a short-term (6 weeks) internship in Branesti and neighboring communities (Ilfov County , Romania). They had to manifest their willingness to integrate into a multicultural team, to discover and respect the Romanian values and traditions, and to actively engage in organizing and carrying out planned activities, bringing added value by sharing good practices.

The profile of volunteers is as follows:

- young people aged between 18 and 30 years old;
- young people working in the two sending organizations;
- young people interested in personal development through social involvement and outdoor education;
- young people willing to participate in short-term EVS mobility, based on the real exchange of best practices at the level of the partner organizations;
- young people who have the ability to communicate in a language other than their mother tongue;
- young people motivated, involved, open.



Each of our partner organizations will implement the same process for selecting participants:

- age of the participants : 18- 30
- young people must submit their Europass CV and a Volunteer Application Form(in attach)

The sending organizations will make a first selection and will forward the selected applications to the coordinating/hosting organization for a final selection. Young people will be recruited via Skype without any specific criteria: degree or specific competences, no qualifications or special skills. The only criteria that can be determinant will be a strong motivation of young and willingness to invest in our nature-based-project in order to do the best experience for all of us, to be open mind, nature lover, to think relevant, to think practical, to think exciting and of course to think fuuuuuun.

TASKS OF THE SENDING ORGANISATION

Our sending partners are responsible of the following :

- make a partnership with the host organisation for the best implementing of the project;
- active search of youngsters willing to make an European Voluntary Service;
- make a first selection of participants;
- the selection process for volunteers will be open and transparent, taking into account clear selection criteria, candidate profile, motivation and ability to capitalize competencies acquired during VET mobility and evaluation process.
- send all the received applications to the Hosting Organisation;
- help the youngsters in finding the best travel ways to the hosting country;
- make the CIGNA insurance for every volunteer;
- assure the formation of the volunteer before departure : prevention of the cultural shock, language preparation;
- presentation of EVS Erasmus+, RAISE project and Youthpass etc;
- exchanges via Skype, email or Facebook with Hosting Organisation.

SHORT GUIDE FOR THE VOLUNTEER

PREPARATION BEFORE DEPARTURE

- **Read carefully** : the Info Pack, the contract, the EVS rules, your rights and your obligations **during the project, the information concerning your CIGNA insurance** ;
- **Plan** your travel, but don't buy any ticket before informing the Sending and Hosting Organisations!!!
- **Bring with you** : ID card, European Health Insurance Card (if you have one), many clothes for outdoor activities in the nature, money to live the first days, whatever you could use during the 6 weekss, smiles and lot of energy

FINANCIAL ASPECTS

Travel costs :

We will reimburse the transport go and return to/from Branesti, Ilfov, Romania within the limit set by Erasmus+, 275 euros. Every cost over this limit will be on your own charge.

This amount of money is available for all the 2 partner countries.

 Please keep all the bills and original tickets, without them we cannot reimburse you!

 Don't buy any ticket before our approval. Also, feel free to contact us at any moment so that we can help you with your travel plan.

Pocket money €

Each EVS volunteer will receive a monthly sum of 86 euros for whole project (2 euros per day, 43 days in RO). Each volunteer will have a credit card and we will transfer there the pocket money (euros/lei),

Accommodation and Food:

- the location will be in the "Th. Pietraru "Branesti, who fulfills the necessary conditions and benefits from all the related approvals;
- the selection of the participants, through the referral organization, will be based on the enrollment form that will contain questions about the state of health, the special needs regarding the diet or any medical treatments; we will offer menus based on special diets (vegetarian, vegan, diabetes, gluten s.a);
- the accommodation of the volunteers will be done in rooms with two beds, in conditions of comfort, cleaning and adequate safety, they also have access to the common cooking space;
 - the volunteers will be informed about the use of used household appliances and the rules of internal order;
- accommodation and meals will be provided for EVS volunteers throughout the traineeship, including;
- we will provide a concrete security and protection plan for the volunteers, negotiated with them and sending organizations, a plan to be brought to the attention of the volunteers before the EVS;
- two first-aid kits will be provided, one in each room, and a brief first-aid course will be held;
- permanent contact with one of the dispensary physicians will be ensured from the locality.

HOW TO ARRIVE IN BRANESTI?

BY PLANE :

- Volunteers must arrive at Henri Coanda International Airport in Bucharest, the capital of Romania;
- From here they will be transported by car to the Branesti Association, at a distance of approximately 25 km to the east, in Ilfov County.

BY CAR :

- volunteers must arrive by car in Bucharest, the capital of Romania and from there to the east towards Branesti, Ilfov County;
- if traveling by car, the fuel costs will be settled.

Here will be your home in Romania, Theodor Pietraru Forestry College Branesti



HOW TO ARRIVE IN BUCHAREST?

Brănești is a village located about 18 km from Bucharest. From Branesti you can travel to Bucharest by bus 503, the road takes about 50 minutes.

Our activities will take place in Branesti (at Theodor Pietraru Forestry College) and in Bucharest (at the Center for Children and Youth Bucharest, 213 Serban Voda Street, in the center of Bucharest).

WHO TO CONTACT?

For any question, problem or difficult situation, you can contact us :

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Person in charge of the project :

Jeni, Doru



WAITING FOR YOU!

